



**WE SUPPORT YOU OR YOUR  
LOVED ONES TO REMAIN AS  
INDEPENDENT AS POSSIBLE**



**ADONAI**  
**HEALTHCARE**  
**SERVICES**  
*care with love*



## INTRODUCING

At Adonai Services, we are passionate about delivering the highest quality of care and support, the same type of care we would want for our own family members.

We believe the best care you or your loved one can receive is care that can be delivered to you in the familiar surroundings of your own home. Home is where your treasured memories are and where you feel most comfortable.

### **Trusted by generations to make a difference every day**

Adonai Services was established by passionate and committed professionals, who have been professionally trained in healthcare sector and management. Having experienced the difficulties of finding good care for an immediate family member, this motivated our director to establish a service that offered outstanding care, designed to meet individual needs and improve quality of life.

Adonai Services is a known provider of high-quality person-centred care locally and nationally. We support thousands of people every day to continue living happily and independently in their own homes.

### **Improving the lives of our Clients and their families...**

Our preferred minimum care visit is one hour, and we travel in our own time, not yours. This allows our highly trained CareGivers the time to listen, get to know you well, complete tasks properly, and observe any changes in health or wellbeing and respond accordingly.

Adonai Services is committed to providing high-quality care that is fully regulated by the Care Quality Commission (CQC).



# WHO IS CARE FOR ?

## CARE AND SUPPORT AT HOME

### WHEN IS THE RIGHT TIME TO INTRODUCE CARE ?

At Adonai Services, we understand that homecare can be a difficult subject to broach with relatives and loved ones who may need a little extra support. Whilst many of our Clients really appreciate our help, however big or small, it can initially be a real struggle for those who have never experienced care before.



The right time to introduce care will be different for everyone but broaching the subject when family members become relied upon for smaller everyday tasks such as shopping, cooking meals or light housekeeping can really help. We support adults of any age with daily activities to enable independence whilst giving you peace of mind.

### WHAT TYPE OF CARE DO WE OFFER ?

Our homecare services are completely person-centred. We create a detailed care plan, so we know exactly how you like to maintain your routine and Adonai services can support at whatever level is necessary. Our main purpose is always to improve quality of life, for both our Clients and their families. Whether it's a weekly shopping trip, daily meal preparation or support with specialist conditions that require additional expertise or equipment, we are here to help.



### **WHY CHOOSE ADONAI ?**

Our services are tailored to every individual through a personal care plan and are provided by experienced and highly trained CareGivers who are the best in the business. Our Clients receive the full amount of time that they pay for, as we travel in our own time, meaning visits are never rushed.

We have a professional dress code and we recognise that some of our Clients would prefer a discreet service when we accompany them out and about in the local community.

We are quick to react, vigilant in our duty of care and always aim to raise a smile.

### **NEXT STEPS**

As with all new Clients, we will come and spend time with you and your family in your home setting. This way, we get to know you as an individual and can observe and learn your daily routines. We will agree with you and your family a specific care plan that addresses exactly how you would like your support delivered. We will then carefully match a suitable CareGiver and arrange for them to be introduced and approved before they begin delivering care. We also arrange in advance what kind and level of communication your family would like during our time with them and ensure they are kept well informed and reassured, so they can relax in the knowledge that you are in safe hands.



# HOMECARE SERVICES

## PERSONALISED TO MEET YOUR NEEDS

*Our wide range of services support you or your loved ones to continue living happily and independently at home. We offer flexible solutions from one hour to 24 hours a day.*

### COMPANIONSHIP & SOCIAL ACTIVITIES

Not all of our Clients require personal or specialised care. We support with daily activities to maintain your independence, whilst providing a friendly face to share interests and hobbies with.

### PERSONAL CARE

Our CareGivers support with all areas of personal care and hygiene, respecting your privacy and protecting your dignity. Our waking night/sleepover services ensure Clients are comfortable overnight, and we can provide support as required.

### LIVE-IN CARE

As an alternative to residential care, one of our CareGivers can live with you in your home, giving you the flexibility of help and support whenever you need it. Live-in care provides you or your loved one with the opportunity to stay in familiar home surroundings for as long as possible.

### DEMENTIA CARE

For people living with Alzheimer's and dementia, stable routines can play a part in improving wellbeing. With our specially trained CareGivers providing practical and emotional support, we make a positive difference to help you live well with dementia.

### HOSPITAL TO HOME

Reablement support after an operation or prolonged stay in hospital can reduce the risk of repeat injury and readmission. We offer supervision of discharge arrangements and assistance to move safely back to the comfort of your own home.

### SPECIALIST CARE

We support people with a wide range of physical, learning and neurological needs, delivering a service that is tailored to each condition, up to 24 hours a day. Our complex care services also include palliative care.

### RESPITE AND HOLIDAY CARE

From time to time, family carers may need a break to maintain their own health and wellbeing. We are available to support loved ones for flexible time periods. Our approach is based entirely on that person's usual routine, to make the temporary change in circumstances as easy for them as possible.

### CARE FOR YOUNG ADULTS

We provide care for younger adults from 18 years of age. Our care supports young adults to remain independent and fulfil their chosen lifestyle with tailored support from highly trained CareGivers.



# TRUSTED BY GENERATIONS TO MAKE A DIFFERENCE EVERY DAY



## YOUR CHOICE

At Adonai, we recognise that it is important for you to be able to choose the support you need. From our initial assessments through to ongoing monitoring, we work with you to deliver a care package that tailored to your needs.

## YOUR INDEPENDENCE

Choosing to receive support in your own home means you can maintain relationships with family, friends and neighbours in a familiar home environment. We support you to continue with the hobbies and daily activities that see you at your happiest. This is especially important for people living with dementia, for whom routines are hugely important to health and wellbeing.

## YOUR PEACE OF MIND

Our CareGivers build strong relationships, not just with Clients, but also with those closest to them. Families can relax knowing that their loved ones are in excellent hands.

## YOUR SAFETY

Having a consistent and highly experienced team of CareGivers supporting you in your home can help detect small changes before they become more significant problems. They will also ensure a prompt response to any accidents or emergencies.












# CARE FOR YOU

## FROM ADONAI SERVICES

Whether it's you or a family member that needs a little extra help around the house, assistance at either end of the day or 24-hour support to live at home, Adonai Services can help. Care for yourself or a relative can be provided in the comfort of your own home.

Our homecare services can support with those everyday tasks that may have become difficult to manage. Daily activities like dressing, bathing and cooking may not be as easy to complete as they once were, but our friendly team of CareGivers can help.

### PERSONAL CARE

-  Light housekeeping
-  Shopping
-  Grooming and hygiene
-  Washing and physical assistance
-  Transport to and from appointments
-  Medication support and reminders
-  Holiday escorting services (including foreign holidays)



### FUNDING YOUR HOMECARE

We understand that choosing care can be difficult - that's why we try to support you to make the process as simple as possible. Adonai Services can provide you with the knowledge you need to make an informed decision about homecare.

When you contact us, you will be provided with an approximate quote before undertaking a homecare assessment to confirm the level and type of care required.

*If you are arranging care for yourself or a loved one over the age of 18, you may be entitled to additional financial support.  
If you have questions about the cost of homecare, contact us today.*





## TRUSTED CARE AND SUPPORT IN YOUR OWN HOME



01634 939128 | 07545 701020



info@adonaiservices.co.uk



Avenue Business Centre, Office 2, 17 New Road  
Avenue, Chatham, Kent, United Kingdom, ME4 6BA

[adonaihealthcareservices.co.uk](https://adonaihealthcareservices.co.uk)